

THE UPSIDE OF AGING

"Summer afternoon—summer afternoon; to me those have always been the two most beautiful words in the English language." – Henry James

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OPEN 8 AM - 5 PM

*CLOSED FROM NOON
- 1 PM*

WWW.FACEBOOK.COM/
GRANDTRAVERSECOA

Calendar Reminders

THE COA WILL BE
CLOSED ON FRIDAY,
JULY 4TH IN
OBSERVANCE OF
INDEPENDENCE DAY.

HAPPENINGS AROUND TOWN!

🎉 National Cherry Festival

- June 28 – July 5 – Downtown TC
- Parades, concerts, air shows, and all things cherry.

🛍️ Cherry Festival Arts & Crafts Fair

- June 29, 9:00 AM – 5:00 PM – Downtown TC
- Local art and handmade goods along the bay.

🎵 Concert on the Lawn: Doc Probes & The RipTides

- June 26, 7:00 PM – Grand Traverse Pavilions
- Free live music outdoors. Bring a lawn chair!

🐎 Traverse City Horse Shows

- Ongoing through Sept 21 – Flintfields Horse Park
- World-class show jumping, great for spectators.

🛒 Downtown Street Sale

- August 1, 8:00 AM – 9:00 PM – Downtown TC
- All-day sidewalk sales and summer shopping deals.

🎨 Downtown Art Fair

- September 13–14 – Downtown TC
- Artists from across the region show and sell their work.



SERVICE COVERAGE DURING STAFF ABSENCES

If your regular COA worker has scheduled time off, we'll reach out to ask if you'd like another team member to fill in. Please note that the timing of your service may need to shift to a different day or time. Any changes to the timing or day of service apply only to makeup visits – your regularly scheduled services will remain unchanged. We appreciate your flexibility as we do our best to ensure your services continue smoothly, even when your regular worker is unavailable.

GTCOA AT THE 39TH PARKINSON'S SUMMER FORUM

We were proud to participate in the 39th Annual Parkinson's Summer Forum on May 22 in Traverse City, co-hosted by the Michigan Parkinson Foundation and Parkinson's Network North. This vibrant event brought together community members, healthcare professionals, and local organizations to share resources, knowledge, and support for those affected by Parkinson's. It was a meaningful and energizing experience for all who attended.

Parkinson's Network North: Monthly support groups in Grand Traverse, Leelanau, and surrounding counties

www.pnntc.org | pnntcmi@gmail.com

Michigan Parkinson Foundation: Statewide resources, exercise programs, webinars, and more

www.parkinsonsmi.org | 248-433-1011

JOIN US FOR SENIOR DAY AT THE FAIR



EVENT DETAILS:

- 🚢 Seniors age 60 & up
- 🚢 Free Parking
- 🚢 Free Admission (10 am-1 pm)
- 🚢 Free Gift Bag & Lunch to the first 250 seniors (lunch from 11-1pm)**
- 🚢 Enjoy Fair Activities: BINGO, Grandstand Events & More!
- 🚢 Fun games for Door Prizes!
- 🚢 Entertainment: Some Like it Yacht!(Featuring Judy Harrison & the ReBooted)

August 4th
10 am - 1 pm

**SEE YOU
AT THE
FAIRGROUNDS!**



**** Gift Bag & Lunch Ticket distribution starts at 10 am at the Fair Information Desk. Limited to the first 250 recipients (1 bag per senior household & 1 lunch ticket per senior while supplies last).**