

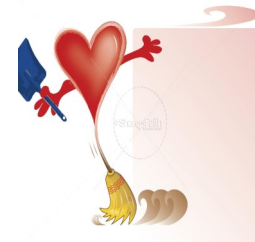
The Upside Of Aging

Volume 7, Issue 5

May, 2023



The Commission on Aging Homemaker Aide Team works hard to help our clients with many tasks, including cleaning homes with care ~ they are truly appreciated!



Caring for those who cared for you, since 1975

Medicaid Renewals have begun. Be sure to open mail from MDHHS.



What to do now:

1

Update your address, phone number, and email address.

2

Report any changes to your household or income.

3

Check your mail. You may need to fill out a renewal form.

Questions?

Call the Beneficiary Help Line toll free at **1-800-642-3195** (TTY: 1-866-501-5656). We are open Monday through Friday, 8 a.m. to 7 p.m.

You can access MI Bridges anytime online at Michigan.gov/MIBridges to apply for:

- Healthcare coverage
- Food Assistance Program (FAP)



COA office is open Monday-Friday, except most major holidays

****Reminder - we close for lunch****

Office Hours 8:00 am to Noon - Open
Noon to 1:00 pm **Closed for Lunch**
1:00 pm to 5:00 pm Open

Upcoming Holidays: **May 14th** - Mother's Day - Sunday
May 29th - Memorial Day - COA Office closed

The Senior Companion Program and the Senior Grandparent Program need volunteers ~ YOU!

We Need You

SENIOR VOLUNTEER PROGRAMS

- FIND PURPOSE WHILE HELPING OTHERS
- MAKE A DIFFERENCE IN A SENIOR CITIZENS LIFE OR MENTOR A CHILD IN NEED
- VOLUNTEER 10+ HOURS A WEEK

EARN UP TO \$600/MONTH & HELP OTHERS IN YOUR COMMUNITY!

1-800-658-8554

Senior Volunteer Programs of MI
AmeriCorps Seniors

To learn more about volunteering, call the number above. Or come to the Kalkaska Senior Center to enjoy cupcakes and conversation—learn about how you can help others by volunteering to mentor children or help with isolated senior citizens. Your community needs you!

WHEN: Tuesday, May 23, 2023, 11:00 am to 1:00 pm **WHERE:** Kalkaska Senior Center. 303 S Coral St., Kalkaska

June Birthdays, Anniversaries

Birthdays

Joan A.	6/7
Nicole A.	6/27
Amber D.	6/28
Sara D.	6/30

Anniversaries

Cindy K.	14 years
Amber D.	2 years
Jeff B.	1 year