

The Upside Of Aging

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COVID-19 Vaccines - For Homebound Seniors

Disability Network Northern Michigan is partnering with a home service provider to administer COVID-19 vaccines in the field for people who are homebound. All three types of COVID-19 vaccines that are authorized and approved for use are available. These services are provided at **no cost** to the recipients and are available now.

Individuals interested can call the *Disability Network Northern Michigan* at **231-922-0903** or register online at disabilitynetwork.org.



Caring for those who cared for you, since 1975

Free N95/KN95 Masks

The Biden administration has made N95/KN95 masks available for free at pharmacies and community health centers across the country. N95 and KN95 masks filter out 95% of airborne particles. Per the *CDC*, they offer the highest level of protection against the novel coronavirus that causes COVID-19.

- Free N95 Masks are available at the following pharmacies: **Costco, CVS, Meijer, Rite Aid, Sam's Club, Walgreens, and Walmart.**
- Free KN95 masks are available at MDHHS offices, local health departments, Area Agency on Aging offices, Community Action Agencies, Federally Qualified Health Centers and Programs of All-Inclusive Care for the Elderly (PACE).

If you are unable to go out to get the free masks, our COA workers have them available for our clients.



Just a friendly reminder...

- > COA will be closed **Monday, February 21** in observance of **President's day**
- > Daylight Savings time change - **Sunday, March 13**
- > COA will be closed **Friday, April 15** for the Good Friday holiday.
Reminder: COA office is *closed* for lunch between **12 - 1 pm**

Free TV/Computer Monitor Recycling

The Grand Traverse County *RecycleSmart* program is happy to announce that *Bay Area Recycling for Charities (BARC)* will be accepting your old TV or computer monitors to be recycled, free of charge at 466 US-31 South, Traverse City from 9 am to 4 pm. This may only available for a few more weeks.

This program is for Grand Traverse County residents only and is limited to one TV or computer monitor per household. You must have proof of residency to participate. For more information, call *BARC* at 231-632-2272 or visit their website at <https://mybarc.org/>

Free COVID-19 at-home Rapid Test Kits

As of Wednesday, January 19, residential households in the U.S. can order one set of four (4) free at-home tests. Here's what you need to know about your order:

- Limit of one order per residential address
- One order includes 4 individual rapid antigen COVID-19 tests
- Orders will ship free starting in late January

Fill in the online form at covidtests.gov with your contact and shipping information to order your tests.

Note: if you need to be tested right away, call you doctor's office or urgent care.

IMPORTANT: Call our office to cancel your COA worker if you are ill, have been tested for COVID-19, or have been asked to quarantine. We would appreciate any details you can give us, such as date of testing and quarantine period. Please call within 48 hours if you need to cancel for any reason, such as a doctor's appt. Call or leave a message at: (231) 922-4688. Thank you!

January Kudos Winners!



Amber D

Karen Z



March Staff Birthdays and Anniversaries

Birthdays

Jenny R - 03/03
Jenny G - 03/04
Alicia S - 03/07
Don L - 03/22

Anniversaries

Suzanne B - 03/13 - 5 yrs
Julie D - 03/26 - 4 yrs