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For Immediate Release
March 24, 2020

Two Additional Cases of COVID-19 case in Grand Traverse County

The Grand Traverse County Health Department is reporting two additional positive cases of COVID-19 from the novel coronavirus in Grand Traverse County residents. The first case is a male in his fifties with a history of domestic travel. The second case is a female in her sixties, also with a history of domestic travel. These cases are unrelated and both are recuperating at their own homes.

The Health Department is working to identify and contact anyone potentially exposed and will maintain regular contact with each individual while they remain in home isolation. Additional information and guidance can be found at <http://gtchd.org/2231/COVID-19-Novel-Coronavirus> or on the health department's Facebook page at <https://www.facebook.com/GTCHealthDept/>

Medical Director, Dr. Michael Collins shared, "We hope that each of these individuals have a swift recovery. As we see additional cases in our community, it is more important than ever to adhere to strict social distancing and stay at home orders in order to mitigate the spread locally."

We continue to encourage our community members to practice prevention strategies to reduce the spread of germs and protect everyone's health. There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus.

To prevent the spread of COVID-19, people should:

- Follow Governor Whitmer's Executive Order to "Stay Home, Stay Safe."
- Stay home when sick.
- Avoid close contact with sick people.
- Wash their hands frequently and for at least 20 seconds.
- Avoid touching their face.
- Disinfect commonly touched surfaces.
- Follow suggested guidelines for social distancing

For social distancing, we recommend the following:

- Keep six feet between yourself and others when possible.
- Avoid public places at their busiest times.

- Work from home when possible.
- Limit travel.

Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. [View additional prevention steps from CDC for people at higher risk. Consult with your health care provider for more steps you may be able to take to protect yourself.](#)

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